RINGANA · KNOW YOUR INGREDIENTS

Skincare's Heavy Hitters

for midlife

You don't need a chemistry degree to read a label. You just need to know who's doing the heavy lifting in the bottle. These eight actually earn their spot.

Peptides *"The pep talk."*
Messenger molecules that tell your skin to firm up and make more collagen.
In: **FRESH Anti Wrinkle Serum**, **FRESH Lifting Booster**

Retinal *"The overachiever."*
Vitamin A that speeds up cell turnover, so skin looks smoother, faster.
In: **FRESH Overnight Retinal Cream**

Bakuchiol *"The gentle one."*
The plant-based retinol alternative — same smoothing idea, easier on sensitive skin.
In: **FRESH Skin Perfecting Cream**

Ceramides *"The bricklayer."*
The mortar between your skin cells — rebuilds your barrier and locks moisture in.
In: **FRESH Skin Perfecting Cream**

Hyaluronic acid *"The thirst quencher."*
A moisture magnet that pulls water into your skin so it looks plump, not tight.
In: **FRESH Hydro Serum**

Vitamin C *"The brightener."*
Brightens, evens tone, and defends against the everyday stuff that dulls skin.
In: **FRESH Glow Booster**

Niacinamide *"The peacemaker."*
Vitamin B3 — calms redness, balances oil, evens things out.
In: **FRESH Clarifying Booster**, **FRESH Glow Booster**

Paracress *"The quick fix."*
A plant extract with an instant, temporary firming feeling.
In: **FRESH Anti Wrinkle Serum**, **FRESH Lifting Booster**

heatherobanion.ringana.us — Save $25 on your first order with HEATHER25